



*Shihan Eric Govender seen together with Sensei Adriaan Beukes of Upington during the camp.*

# Successful IFFSKSA national training camp

The International Federation of Funakoshi Shotokan Karate South Africa (IFFSKSA) held a successful national training camp recently, at the Arena Park Regional Hall, Chatsworth. President and chief instructor of IFFSKSA, Shihan Eric Govender (7<sup>th</sup> Dan), expressed his satisfaction following the 300 karatekas who attended the camp and benefited from the expertise imparted by the senior instructors. Instructors and karatekas from as far as Upington, Kimberley, Western Cape and Gauteng participated in the camp, which is a precursor to the gruelling schedule that awaits the karatekas of the organisation in 2010. According to members of the IFFSKSA, the highlight of the year will undoubtedly be the FSKA World

Championships, which is set to take place in Poland this September. Karatekas who excel in the regional tournaments will be selected to represent Team South Africa at this prestigious event. The North Coast Regional Championship will be held at the Sastri Park Community Hall, Phoenix on March 21 while the South Coast Regional Championship will take place at the Havenside Community Hall, Chatsworth on March 28. Thereafter the Midlands Regional Tournament will be held during the latter part of April. Another major highlight will be the Friendship Championship at UKZN on May 2. For more information, contact the general secretary, Niren Naidoo on 084-516-6980 or Shihan Eric Govender on 083-777-0727.