

Aveline aces it! Young karateka makes headlines

Aveline Harilall, a senior karateka from the International Federation of Funakoshi Karate South Africa (IFFSKSA), is currently riding the wave of success. This dedicated young woman is presently competing in France, having just returned from representing South Africa at the University Tournament in Montenegro.

According to Aveline she started karate at the tender age of 4 after watching her brother, Kohan, in action. She hasn't looked back since and has achieved one accolade after another. She has attributed her success to the inspiration provided by the head of IFFSKSA, Shihan Eric Govender, who she has watched training with immense power and stamina even at this

advanced stage of his karate career. She makes special mention of her sensei, Shihan Selvan Govender, who continuously motivates her with his encouragement and wisdom.

The highlights of her career were winning gold for Kata and Kumite at the FSKA World Championship, also winning gold for the Open and Elite division at the Commonwealth Karate Championship and achieving her Protea Colours in 2009.

Presently she is a 3rd year Bachelor of Social Science (Psychology) student at UKZN. Aveline admits that balancing her studies and karate becomes a bit hectic but sport is vital to her academic success. She said her dream is to become WKF (World Karate Federation) champion.



Aveline Harilall