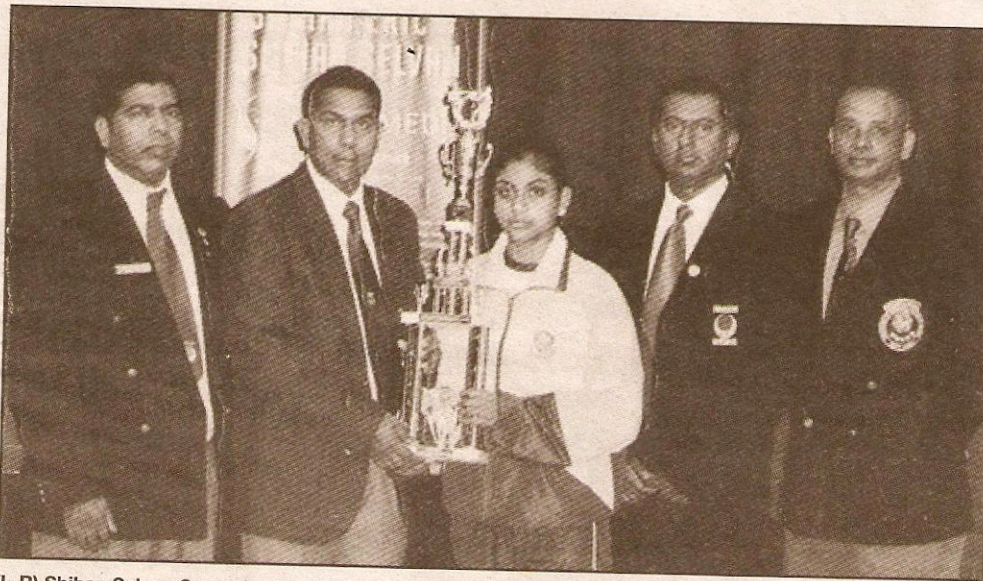


IFFSKSA honours protea karateka



(L-R) Shihan Selvan Govender, Kyoshi Eric Govender, Aveline Harilall, Niren Naidoo and Sensei Roy Naidoo

The International Federation of Funakoshi Shotokan Karate South Africa (IFFSKSA) hosted a farewell dinner at the Bayview Community Hall in Chatsworth to honour one of their finest karatekas, Aveline Harilall.

The senior black belt karateka has received the distinction of becoming the first Indian female to represent South Africa at the World Karate Federation (WKF) world championships.

This prestigious tournament will take place later this month in Serbia and Aveline will be jetting off with the rest of the South African team having been awarded her full senior Protea colours by Karate South Africa (KSA).

This has been a phenomenal year for the young UKZN

Psychology student. She competed in the Africa Zone 6 championships in Zimbabwe where she placed first in Kata and third in Kumite.

Thereafter she was selected to take part in the UFAK tournament in Cape Town and the Women's Championships in France.

Aveline balances her academic career and karate to her benefit and shows that sport and studying are mutually rewarding. She also instructs karate under the auspices of the IFFSKSA at her dojo in Rockford, Phoenix.

Chief Instructor and President of IFFSKSA, Kyoshi Eric Govender, said, "Aveline is now at the summit of her sporting career and has achieved what all sportsmen and sportswomen aspire towards.

I am especially proud of the honour that she has brought to

the IFFSKSA. I am delighted that Aveline's achievement has coincided with the 150th anniversary of the arrival of Indians in South Africa" Kyoshi Govender also added that Aveline is a product of the IFFSKSA academy that grooms young karatekas.

The academy has produced a number of Protea colours and has a programme in place for 2011 to enhance its development structures.

On a final note, Aveline Harilall is already looking beyond Serbia, and is eagerly relishing the opportunity of representing the IFFSKSA at the Funakoshi Shotokan Karate Association (FSKA) world championships in Italy in 2011.

For further information about the IFFSKSA please contact the General Secretary, Niren Naidoo (0845166980 – nirenn@telkomsa.net).